### St. John XXIII Laudato Si Community (LSC) Message For Earth Day 2018

## "Live Simply, Sustainably and in Solidarity with the Poor"

The Laudato Si Community (LSC) of our parish takes inspiration from CAFOD's (Catholic Agency for Overseas Development) Live Simply Campaign (<u>https://cafod.org.uk/Campaign/How-to-campaign/Livesimply-award</u>). Can we start the Live Simply Campaign in our Parish? We enjoin you to check your lifestyle and start living simply, sustainably and in solidarity with the poor. Here are some concrete ideas that we can each pledge to do.

#### Live Simply

Mathew 6:25-33 --... Not to worry about your clothes, look how the flowers in the field grow...).

- Keep it simple. Stick to the basics. Choose Needs over Wants.
- Slow Down and realize how much we consume and throw away. Go against the throw away and consumerist culture.

#### Live Sustainably

# Genesis 2: 15 - Yahweh God took Man and placed him in the garden of Eden to till it and take care of it...)

- Be informed. Watch a 5:52 minute introductory you tube video on Sustainability (5:52) that connects the Laudato Si with the UN Sustainable Development Goals (SDG) and Paris Climate Agreement <u>https://www.youtube.com/watch?v=9-xdy1Jr2eg</u>)
- Practice and spread the use of the ..3Rs: Reduce, Re-use, Recycle
- Mind your carbon foot prints (Walk, Bike, Use Public Transportation instead of driving)
- Use washables not disposables: napkins, mugs, cutlery
- Choose to Re-use when it comes to shopping bags and bottled water,
- Volunteer with LSC team during parish events to make it a green event.

### Live in Solidarity with the Poor

# Jesus says that ... Whatever you do to the Least of my brothers, you do it unto me

- Use Fair Trade Products
- Use Charity Second Hand Shops
- Donate well conditioned clothes, toys, books to our Kermes.
- Support, learn about and volunteer in the outreach activities of our Parish and your community (E.g. Serve the City in Geneva).